

You Can Learn from Others with COPD

We are planning monthly meetings to share ideas on improving lung health. These will last for about two hours. Ten to twenty people would attend, so you will have plenty of time for questions.

We will also invite a doctor, nurse, respiratory therapist, or other healthcare professional to each meeting to answer questions about topics like new medications (such as Spiriva), new surgical techniques (such as lung volume reduction), new oxygen delivery methods (such as small portable concentrators and liquid oxygen tanks), and new monitoring devices (such as tiny pulse oximeters). You will even be able to talk with this health care professional privately for a few minutes.

COPD means Chronic Obstructive Pulmonary Disease, also known as chronic bronchitis and emphysema. Some patients with COPD also have asthma.

Are you interested in attending at least one of these meetings? **YES** No

How can we make it easy for you to attend?

Which day of the week would be best for you? _____

What time of day would be best? Morning Afternoon After Dinner

Please list nearby hospitals, libraries, social halls, or churches near you which would make a good meeting place?

Circle the topics you would like discussed:

Inhalers	Easier Exercise	Oxygen	Better Sleep	Gastric Reflux
Feeling Blue	Intimacy Problems	Better Nutrition	Hospice	Quitting Smoking
Insurance Issues	The high cost of medications		Advanced Directives	
Getting better medical help	Rehab programs		COPD Research	
Flying with COPD	Surgery for COPD		COPD Legislation	

Other Topics: _____

Would you like to attend a COPD Education Day with refreshments, demonstrations, free lung testing, handouts and information to learn more about chronic obstructive pulmonary disease, emphysema and chronic bronchitis on Friday, November 2, 2007 at Queen's Conference Center in Honolulu? **YES No**

How can we contact you? (Provide information only for the methods you prefer.)

Name _____ e-mail _____

Phone _____ best time to call _____

Mailing Address _____ City _____ Zip Code _____

For more information, call Rien at American Lung Association of Hawaii at 537-5966, ext. 213 or Beth at 561-3447.

Please fax completed survey to 537-5971 or mail to COPD Survey, American Lung Association of Hawaii, 680 Iwilei Road, Suite 575, Honolulu, HI 96817.